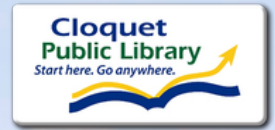




Community Memorial Hospital
& Cloquet Public Library Present



Balance, Brain, & Body

Understanding the Vestibular System

Tuesdays, October 13, 20, & 27

1:30-2:30 pm

@ Cloquet Public Library

- **October 13:**

Why am I dizzy? Understanding dizziness & balance *with Aaron Schmidt, PT, DPT & Michael Barrett, PT, DPT*

- **October 20:**

Stay steady. Managing dizziness, improving balance, and preventing falls *with Aaron Schmidt, PT, DPT & Michael Barrett, PT, DPT*

- **October 27:**

Safety first. Creating a safe home environment *with Jess Ochis, OTR/L, CHT*