



CHAIR YOGA FOR ALL

*with Carolyn Ripp
from the Nest Wellness Studio, LLC*

@ Cloquet Public Library
For All Ages

WEDNESDAYS

9/9, 23, 30, 10/14, 21, 28, 11/18, 12/2, 9, 16

10:15 - 11 AM

Monetary donations accepted. All proceeds directly support this program.