



CHAIR YOGA FOR ALL

*with Carolyn Ripp
from the Nest Wellness Studio, LLC*

@ Cloquet Public Library
**FREE &
For All Ages**

WEDNESDAYS

1/14, 21, 28, 2/4, 11, 25, 3/4, 18, 25

10:15 - 11 AM

Monetary donations accepted. All proceeds directly support this program.