



# CHAIR YOGA FOR ALL

*with Carolyn Ripp  
from the Nest Wellness Studio, LLC*

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**@ Cloquet Public Library  
FREE &  
For All Ages**

## **WEDNESDAYS**

**1/14, 21, 28, 2/4, 11, 25, 3/4, 18, 25**

**10:15 - 11 AM**

***Monetary donations accepted. All proceeds directly support this program.***

